

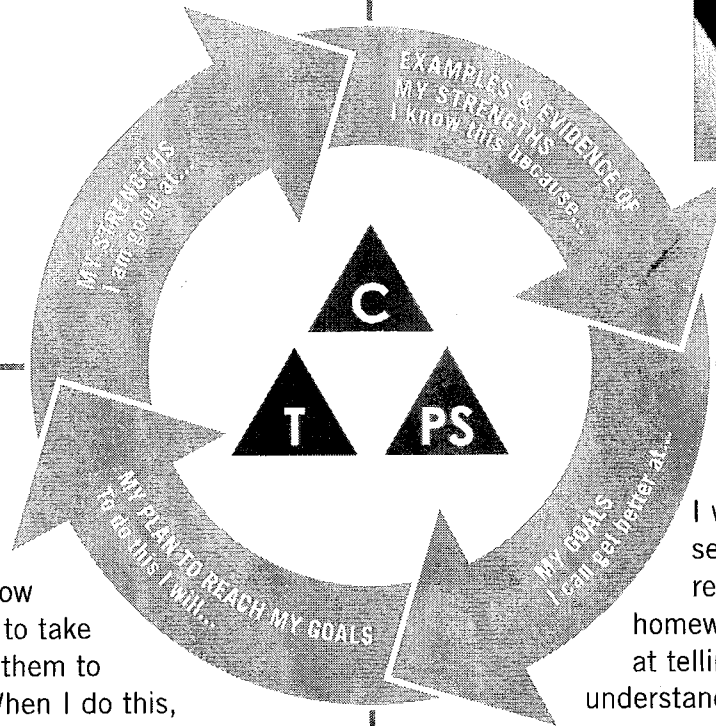
SELF-ASSESSMENT OF MY CORE COMPETENCIES

Name: Puneet

Date: April 14, 2017

I am strong in my social responsibility. I do a lot to help out my community. I help keep my neighbourhood clean by picking up garbage. I recycle when I am at school and home, and I am helping my little cousin learn to speak English.

This picture shows me helping out the community by picking up garbage and cleaning up where I live. Doing this activity helps the community to be cleaner and I also got a prize.



Even though I do my best, when something is hard I give up. I need courage to explain what I don't know to my teachers. I need to take a deep breath and ask them to help me understand. When I do this, I have to tell them the parts I understand and the parts I don't understand. I need to listen to their feedback, and if I still can't do it, I need to use my courage to ask them to help me again.

For my personal and social competency, I want to get better at my self-regulation. I think I am responsible because I do my homework, but I want to get better at telling my teachers when I don't understand some things they teach us.



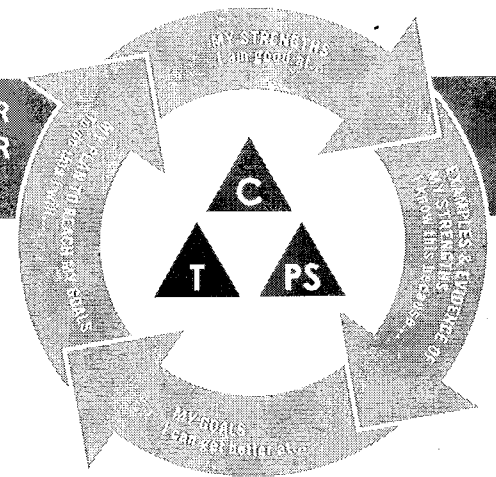
Self-assessment can take many forms and may focus on one, a few, or all of the core competencies.

SELF-ASSESSMENT OF MY CORE COMPETENCIES

Name: Jayden

Date: April 3, 2017

THINK ABOUT YOUR LEARNING THIS YEAR AND DESCRIBE OR DRAW HOW YOU HAVE DEMONSTRATED OR DEVELOPED YOUR CORE COMPETENCIES.



My strengths are looking at a problem and creating a solution. I can do this when I'm working in a team and when I'm by myself. I love to be challenged. Coming up with solutions is a lot of fun.

Our school robotics team went to the Regional Robotics Competition. During the competition, our robot broke. We had to rebuild parts for the robot in just a little bit of time. Everybody helped. We fixed our robot until it got working again without anyone's help.

My goals are to build a winning robot for next year's competition. To do this, as I get older I want to be a leader on my team. I want to help solve the challenges of the competition and eventually be on the drive team for the robot.

To become a leader, I will need to show the rest of the team that I am a creative thinker. I will need to come up with a lot of ideas when we meet at lunch to talk about our plans. I need to show that I am responsible by going to all the meetings and doing all the jobs that need to be done. I will read and look up examples of winning robots so I can show the team and give them ideas of what a winning robot should be.



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SELF-ASSESSMENT OF MY CORE COMPETENCIES

Name: Kaila

Date: April 18, 2017

C

COMMUNICATION

T

THINKING

PS

PERSONAL & SOCIAL

MY STRENGTHS

Communication is a strength of mine. I feel comfortable speaking in class. I put my hand up when teachers ask questions, and I'm not afraid to ask questions. I explain what I know to other students and help them understand. Another strength of mine is my self-awareness. If I'm not understanding, I use reading strategies. I stop reading and try to figure out the meaning. After every paragraph, I ask myself what it means, and I go back and reread.

EXAMPLES AND EVIDENCE OF MY STRENGTHS

When we were doing group work in Humanities, I helped my group understand that colour can be a symbol for a lot of different things. An example of my self-awareness was when we were doing Middle Ages Justice. It was hard to understand, so I used sticky notes. For the parts I could understand, I wrote summaries like, "Royal courts are for major crimes." When I didn't understand, I wrote questions like "What kind of penalties and sentences did people get?"

MY GOALS

My goal is to use more strategies to help me think and understand more. Mrs. D. told me it would help if I started making more connections. When I read I make personal connections but they're basic connections instead of ones that help me understand better. When we wrote the personal connections paragraph for the song analysis in Humanities, I just said I liked the song and I summarized it. I didn't explain why or use examples from my personal life.

MY PLANS TO REACH MY GOALS

When I make personal connections, I have to make them more "meaningful" (criteria word). I have to say more in my explanations. Instead of just saying why I like something or don't like it, I have to relate what I say to my life and I have to talk more about my feelings about what I read. I have to explain how what I read is similar to something in my life and how it is different from my life. If I do this, I think my personal connections will be more "meaningful".



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