

2.0 Career Education

A Closer Look at Communities - Reflection

Name:

## Instructions:

Follow the directions in the Book **2.0 “A Closer Look at Communities”** and respond to the following with meaningful and complete thoughts.

1. What are the 3 types of communities suggested in the video – “What is a Community?”

2. Identify all the communities you are a part of, either by default, or by choice (remember we are stretching the term ‘community’ to include groups you are connected to).

3. Try to connect at least **two** community examples from # 2 that you have chosen to be part of with what you have learned from the Journey Within Unit. Try to identify some elements you revealed from your Personality and Interests surveys, and the exercise you completed about Values.

\*\*(This gets to the heart of what all this exploring is for! **It is about being able to make connections.** In this case it is with things happening in the ‘present’, but it builds the skills to connect with the future…so take your time and do this meaningfully! Also think beyond career as that is the focus of myBlueprint, but you should be considering many areas of your life).

For example:

I have chosen to be part of the golf community:

**Personality**- Golf aligns with my mostly **Introversion** nature in that it is played with just 3 other people you usually know. My friend group is relatively small, but the friends I have are close which is important on a golf course as you are ‘stuck’ together often for five hours. I also have no problem golfing alone and even enjoy time at the practice facilities. As an **Intuitive** person, I enjoy how golf connects with my understanding of physics and the mechanics of movement.

**Interests**- Golf is very much a technical game. Lots of analysis and logic. I like to read and view techniques and tips on how to lower my score. Because I’m also interested in traveling, there are often great courses to check out in many travel destinations.

**Values-** I value exercise and being outside. I only play courses that don’t force you to take a cart and have maintained much of the natural landscape. I also value the opportunities golf presents to build friendships and form new ones. There are lots of ways to add competitive elements to golf as well and I have to admit, I enjoy a little competition.

So, it is pretty obvious that golf checks a lot of boxes for me.