

1.3 Career Education

Personality Survey Reflection

Name:

## Instructions:

Summarize your findings from the myBlueprint Personality survey. Use complete sentences/thoughts where needed to that your reflections will be complete when you place them into your myBlueprint Portfolio!

1. What is your personality type?

2. From the summary of each of the four categories (E or I, S or N, etc.) select the phases that most accurately describe you, and any from the side that isn’t in your ‘profile’ that you think should be. (For ex. It is obvious with some people that they are Extraverts, but many of us likely fit both categories at times. You might make a statement like, “Introversion describes me well as I like to **think deeply about things**, but I also **enjoy socializing** which is on the opposite side.” Plus, don’t be thrown by the ‘labels’ as they are not ‘measuring’ us, just making suggestions about our personalities.)

i)

ii)

iii)

iv)

3. Connect the overview at the end to at least three specific examples of things in your life. Give some details and context to your examples and perhaps share an exception to the summary if you feel it doesn’t quite capture your personality.

One example might be: I am an ISFP (The Composer) -I spend quit a bit of my time on woodworking projects that I like to have total control of and have no problem working on my own. I like to be responsible for each step so I can manage the quality of the outcome.

Note – Make sure to paste your responses into the **Add** **Reflection** part the Personality Box in your myBlueprint Portfolio.