

0.0 Career Education

Response to Introduction Video

Name:

## Instructions:

The goal of the program is for you to make meaningful connections with yourself and the world around you. As you reflect on your learning in this program demonstrate that you can in fact make thoughtful original, deep connections to the ideas being introduced. Type your responses on the Reflection sheets using as much space as needed for each question/topic. You may wish to choose a different font or colour (easy to read font in a dark colour to keep the contrast). “Save As” your work with your name in on the sheet. Create a file for all your reflections so you can keep track of them for future use and backup.

1. How do you feel about *your* future?

2. With the “Journey Within” what types of things will we explore?

3. Looking beyond ourselves, what were some of the topics identified for the “Journey Outside”?

4. Why did the phase “decision-making” come up so many times in the video?

5. What does “Monday” have to do with anything?

6. Why does this program have to offer so much flexibility?

7. What ‘exam’ is this program hoping to help you get ready for?

8. What are your thoughts about leaving your future to ‘chance’?