About me?

Instructions: Complete the chart. Answer in the box provided. If you need more room, just press enter.

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| About Me | |
| *Interests –* What do you enjoy doing currently? | *Qualities* – How would your friends, family or your employer describe you as a person? Example: I am a kind person. |
| *Skills* – What have you learned to do well? Skills are taught and then practiced. Example: I know how to up-load a picture to Facebook. | *Values* – What are the things you believe to be important in living your life? Example: I value family. |
| *Achievement* – Does what you have done give you a sense of satisfaction. This may be personal or for the benefit of others. Example: I achieved a successful three-day bike ride alone. | Your Favourite Subject(s). |
| *What do you really care about*? | *What obstacles have you overcome?* |
| *Your Current Career* Ideas and why. | *What are your passions*? |